



MOUNT BARKER
DISTRICT COUNCIL

April 3 2023

Media Release

Local legends live lightly locally

Mount Barker District Council is proud to support the *Living Lightly Locally* program; a groundbreaking initiative led by the University of South Australia that promotes sustainable and regenerative living within our community.

Living Lightly Locally is a 12 month citizen science project that supports participants to create positive change in their lives by setting and achieving their own sustainable goals. Participants will learn about goal-setting, track their progress, and share their experiences and successes with the group.

Manager Sustainability and Corporate Planning, Greg Sarre, said that Council recognises the importance of promoting sustainable and regenerative living within our community.

“By participating in the *Living Lightly Locally* program, you will not only be making positive changes in your own life but also contributing to a more sustainable future for our community.

The council encourages everyone over the age of 18 who want to make a difference to register their interest.

Participants can also attend a launch event on Friday 14 April, where they can participate in a collective visioning exercise with renowned artist Brenna Quinlan.

“We look forward to as many individuals and households as possible joining us in our mission to create a happier, healthier, and more connected community while also protecting our environment for future generations,” Mr Sarre said.

To learn more about *Living Lightly Locally* or to register, please visit the www.livinglightlylocally.com.au website or contact Keri Hopeward at keri.hopeward@unisa.edu.au or 0401 611 629.

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