



MOUNT BARKER
DISTRICT COUNCIL

Social Options Program Calendar of Activities

October 2026

Bookings for October outings & activities

will be available from 9.00am on Thursday 10th of September 2026

Please call 8391 7234 or email communityprograms@mountbarker.sa.gov.au

Please note: No bookings will be taken prior to this date or time

Once you have booked, your place is confirmed. You just need to meet our group on the day. Please call us if you need to cancel. Social Options is for Mount Barker District Council CHSP registered clients. Eligibility criteria apply. An Australian Government initiative supported by the Department of Health, Disability and Ageing.

Transport

If you are no longer driving, limited transport is available, however conditions apply. Contact Elisha or Natalie with queries and advise staff about transport when booking in for monthly activities. When attending any activities at Mount Barker Community Centre, independent travel is required. Members on HCP or SaH funding are no longer eligible to be picked up from home.

Mobile Phones

If you have a mobile phone, we recommend bringing it with you for our outings so we can keep in contact with you should it be required.

Activity and Transport costs

Activity and transport costs are to be paid by cash on the day of activity.

Ageing Well in Mount Barker – Wednesday 7th of October

Connect, try something new and celebrate Positive Ageing
during South Australia's Week of Ageing Well.

Join us from 10am to 1pm at the Mount Barker Community Centre
for a free community event promoting active, healthy and meaningful ageing.

Discover local services and supports, hear from guest speakers, connect with others and
enjoy a free BBQ lunch. Visit the Community Programs stall and explore opportunities to stay engaged,
informed and connected.

Monthly Events and Activities - October 2026

Detail of Event or Activity	Date, Time & Cost
Grand Friends at St Francis Alive ELC – Tuesday 6th of October. Meet at Alive ELC at 9.20am for a 9.30am – 11.00am session. Join in intergenerational activities with the children. Please notify attendance when making calendar bookings	
	Coffee Club Plus – Marketplace Join the group for an afternoon coffee and a chat. Meet in the Marketplace Café Littlehampton Tuesday 6th October \$6.00 for bus pick up Coffee and cake at own cost Meet at 2.15pm
	Living Well – The Great Unwaste The Great Unwaste campaign invites us to rethink the food we have, use more of what we buy and reduce waste through practical, everyday habits. Level 1 - Mount Barker Council Office Wednesday 7th October \$6.00 for transport 2.00pm session Gold coin donation for afternoon tea
	Walk in the Park – Newenham Trail Walk the Newenham Trail from the Kitchen Farm Pantry carpark to Bollen Road or continue to May Road. Meet at Kitchen Farm Carpark Flaxley Road Thursday 8th October No bookings required \$6.00 for transport Meet at 9.30am Optional coffee afterwards
	Monday Mixers – Marketplace Cafe Join a smaller group of members and enjoy coffee, cake, and a chat or even a late bite to eat. Meet at Marketplace Café Littlehampton Monday 12th October \$6.00 for bus pick up Coffee and cake at own cost Meet at 1.30pm
	Barker Blokes - Bus, Tram & Watermark Hotel Catch public transport services from Mount Barker down to Glenelg. Enjoy a buffet lunch at the Watermark Hotel before catching the tram and bus back to Mount Barker. Meet at Park 'N' Ride - Dumas Street Just up the road from Wallis Cinemas Wednesday 14th October \$ 26.95 for buffet lunch pay at the venue Senior's card required to access FREE public transport Meet at 9.45am Bus Departure 10.00am

	Shopping Shuttle – Castle Plaza Enjoy the shopping and food options at Castle Plaza. * Transport only * Meet in front of Rebel Sport Store	Thursday 15th October \$15.00 for transport Meet: 9.45am Bus departure: 10.00am Return trip at 2.00pm
	CC Plus – St George’s Bakehouse Join the group for an afternoon coffee and a chat. Meet at St George’s Bakehouse	Tuesday 20th October \$6.00 for bus pick up Coffee and cake at own cost Meet at 2.15pm
	Wallis – The Weight Imprisoned in a labour camp and desperate to regain custody of his daughter, a man becomes entangled in a perilous gold smuggling scheme. During the height of the Great Depression, he must smuggle gold across 100 miles of impenetrable wilderness. Meet at Wallis Cinema foyer at 10.00am	Wednesday 21st October <u>Lunch preorders required</u> \$6.00 for transport \$32.00 includes morning tea, movie and lunch. \$15.00 movie only, must be independent with transport.
	Walk in the Park – Laratinga Loop Laratinga Trail Wetlands walk – turning left from the carpark – walk your own pace. Enjoy the serenity and the abundant birdlife. Meet in Laratinga Wetlands car park on Bald Hills Rd Mount Barker	Thursday 22nd October No bookings required \$6.00 for transport Meet at 9.30am Optional coffee afterwards
	Monday Mixers – St George’s Bakehouse Join a smaller group of members and enjoy coffee, cake, and a chat or even a late bite to eat. Meet at St George’s Bakehouse	Monday 26th October \$6.00 for bus pick up Coffee and cake at own cost Meet at 1.30pm
	Bus Outing – Glenelg Foreshore & Charlie’s Diner Enjoy a buffet lunch at Charlie’s Diner, followed by free time to explore Glenelg. Enjoy walking Jetty Road, wandering the foreshore or admiring the Elysian Fields (as pictured). Meet at Summit Sports Park	Wednesday 28th OR Thursday 29th October \$15.00 for transport \$ 25.00 for buffet lunch pay at venue Meet at 9.45am Bus Departure 10.00am

	Craft Group Learn new crafts, connect and share. ALL craft material provided. Crafts can be gifted to the Revamp shop. Mount Barker Community Centre 3 Dumas Street, Mount Barker	Every Monday No bookings required Note: No transport is provided for this activity 10.00am – 12.00noon Gold coin donation
	Indoor Pétanque Join in the fun of this interactive game of indoor boules. No experience required. Boules and equipment provided. Mount Barker Community Centre	Every Thursday No bookings required Note: No transport is provided for this activity 2.00pm - 4.00pm \$2.00 (Biscuit and a cuppa)
	Exercise, Yoga & Tai Chi Classes Classes include Chair based exercise, Strength for Life, Fit n Fifty, Maintenance & Progression, Yoga, Chair based yoga, Qi Gong (Tai Chi for beginners) Mount Barker Community Centre	Various class times Note: No transport is provided for this activity Call 8391 2747 for class information

Lunch Menu for Wallis Movie Day (\$32.00)

Oven Roasted Chicken Breast, roasted vegetables, buttered greens & red wine jus

Chicken or Beef Schnitzel, chips, house made slaw & choice of gravy (mushroom, pepper or gravy)

Fish & Chips, Battered, Crumbed or Grilled, chips and slaw or vegetables, tartare sauce and lemon (gfa)

Bangers & Mash, Two Traditional Pork & Fennel Sausages, garlic & thyme infused butter mash (gf)

Vegetarian Pan-Fried Gnocchi, tossed with semi dried tomato pesto, fresh basil & Grana Padano cheese and extra virgin olive oil

9" Pizza, choice of Margherita, BBQ Chicken or Pepperoni

(v) vegetarian (gf) gluten free (gfa) gluten free available (vea) vegan available - request on booking