

18 May 2023 **Media Release**

Court upgrade just right for gymnasts

With the help of a \$31,000 grant from the Office for Recreation, Sport and Racing (ORSR), Mt Barker Council has completed a \$150,000 upgrade to a court used by the Hills Gymnastics Academy at the Adelaide Hills Recreation Centre.

Extremes of hot and cold have, in the past, inhibited members of the Academy from performing at optimum levels with frequent cancellation of training sessions having occurred due to the temperature.

The group use Court 3 all year round for their recreational and competition gymnastics teams and inadequate heating and cooling of the court had posed a real concern to users during the summer and winter months.

The upgrade to the court has included installation of evaporative air conditioning, wall insulation, and new carpet squares along the spectator hallway.

Mt Barker Council Mayor, David Leach said that the improvements to court 3 will ensure that the comfort of the gymnasts is maintained all year round so that they can perform at their best.

The Adelaide Hills Recreation Centre, owned by Mt Barker Council and operated in partnership with Belgravia Leisure, is a well-used community facility which has over 65,000 annual users.

The centre provides a range of recreational activities for the community including basketball, gym, gymnastics, squash, badminton, bike spin, kindergym, and roller skating.

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